



natural honey by last forest



made
by
bees





our mission

**To pioneer sustainable living choices by connecting
communities and markets**

who we are

We believe that the spirit of the forest is about growth that is meaningful, balanced and contributing.



local



sustainable



from the forest

For the *au courant* seeking aesthetic and socially responsible solutions, Last Forest is a sustainable marketplace that provides eco-friendly, thoughtful and meaningful options that directly involves communities.



artisanal



women empowering



eco-friendly

our impact

we procure from

45

local groups

we work with

150

villages

we impact over

6500

individuals

our global commitment





Honey has been used as medicine for over 5,000 years. It is linked to wound-healing properties, antibacterial action, curing cough and cold and fighting infections! Honey can replace sugar in meals, providing a healthier option. Raw honey is considered to be nature's sweet superfood due to its numerous health benefits and uses. Honey can be eaten raw, added to baked food, used as a salad dressing or as a sweetener for beverages.

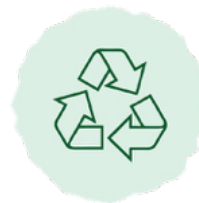
Our entire range of honey is harvested from the *Apis dorsata* bees.



fairtrade



eco-friendly
packaging



zero-waste



natural honey

Sustainably harvested through ancient, traditional methods from the hives of the Giant Rock Bee (*Apis dorsata*) hanging on the high cliffs of the forests of the Nilgiris, this unique honey is the purest form of magic you can get your hands on!

This range consists of honey that is naturally sweet, a unique bottle of honey that is naturally bitter in taste and a goldmine of health benefits with extra pollen!

nilgiri honey

multi-floral

raw | forest | pure | wild

Collected sustainably, this honey has a plethora of nutritional properties from the forest as it is unprocessed and pure!

Available in 250g, 500g & 1250g bottles.



Shop now [our website.](#)

jamun honey

mono-floral

medicinal

Naturally bitter in taste, this wild honey is sourced from the flowers of the Black Jamun (Indian blackberry/*Syzigium cumini*) tree. This is specially recommended for individuals with diabetes.

Available in 250g, 500g & 1250g bottles.



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**pollen enriched
sweet honey
multi-floral**

medicinal

Raw, wild honey enhanced with naturally added pollen boosts immunity, improves heart health and boosts liver functions.

Available in 250g and 500g bottles.



Shop now on [our website](#).

A close-up photograph of a wooden honey dipper with a thick stream of golden honey dripping from its tip into a wooden jar. The background is softly blurred, showing green foliage and a wooden surface. A semi-transparent dark green banner is overlaid across the middle of the image, containing white text.

flavoured & infused honey

Wild, natural honey infused with natural spice extracts. This range not only leaves a long-lasting taste on your palate, keeping you wanting more. The added health benefits of infused herbs and spices help build your body's natural defence against pathogens!

cinnamon honey multi-floral & seasoned

The anti-viral and anti-bacterial properties of cinnamon add to the benefits of natural honey. It has been traditionally used in Ayurveda for its medicinal properties – to prevent heart diseases, treat arthritis, bladder infections, hair loss and tooth ache.

Available in 250 g bottle.



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cardamom honey multi-floral & seasoned

Cardamom is packed with anti-oxidants. It is said to reduce blood pressure, boost blood circulation and support weight loss. According to Chinese tradition, drinking cardamom tea is known to be the secret to longevity.

Available in 250 g bottle.



Shop now on [our website](#).

ginger honey

multi-floral & seasoned

Ginger is known for its various health benefits, and has been used traditionally to cure chronic indigestion, soothe an aching throat, to treat various forms of nausea and to help cure infections. Alleviates pain caused by migraine.

Available in 250 g bottle.



Shop now on [our website](#)

pepper honey

multi-floral & seasoned

This honey is undoubtedly one of the best remedies to resort to when you have a cold, bad cough or indigestion.

Available in 250 g bottle.



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saffron honey

multi-floral & seasoned

Tailor-made to keep your stomach happy! Saffron is a powerful antioxidant, that can help fight multiple illnesses, including heart diseases and diabetes. Its unique flavour is perfect for baking, cooking or enjoying in a cup of tea.

Available in 250 g bottle.



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nutmeg honey multi-floral & seasoned

Nutmeg adds its pain relieving and detoxification health benefits to honey. It is said to have anti-bacterial properties and helps in digestion.

Available in 250 g bottle.



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rosemary honey multi-floral & infused

Infused with home grown rosemary leaves, this contains antioxidants and anti-inflammatory compounds that help boost the immune system and improve blood circulation.

Available in 250g bottle.



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thyme honey

multi-floral & infused

Thyme is packed with vitamin C and is also a good source of vitamin A which especially helps in curing cold and cough. Thyme gives a strong flavour and helps in improving stomach health.

Available in 250g bottle.



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®

PAY FOR
ECOSYSTEM
SERVICES

Support the healthy relationship between communities and nature! At Last Forest, we believe in giving back to the communities and the ecosystem.

Every purchase of these products contributes towards conserving our forests and the ecosystem!



**LAST FOREST
GUARANTEED
FAIR TRADE**

The World Fair Trade Organization is a global community of social enterprises that practice fair trade. WFTO's Guarantee System is the only international verification model focused on social enterprises that put the interests of workers, farmers and artisans first.

Last Forest is certified fair trade.

gifting options

Presenting you spectacular and unique gifting solutions which is ethical, local and healthy! Let us solve all your gifting needs for any season with these boxes of divine goodness from the forest!

wild dorsata honey



assorted honey
from the nilgiris



assorted honey 4 x 250g

Choose 4 of your favorite flavors of natural, spiced and infused honey collected sustainably from the hives of the Giant Rock Bee which nests in the high cliffs and trees in the forests of the Nilgiri Biosphere Reserve!

4 x 250g bottles packaged in a carefully designed beautiful box reflecting the values of the products.



bees

we hope you enjoy this
selection of small batches of
honey sustainably harvested
using traditional methods
from the Nilgiris



we hope you enjoy this
selection of small batches of
honey sustainably harvested
using traditional methods
from the nilgiris



assorted honey 6 x 25g

Choose 6 of your favorite flavors of natural, spiced and infused honey collected sustainably from the hives of the Giant Rock Bee which nests in the high cliffs and trees in the forests of the Nilgiri Biosphere Reserve!

6 x 25g bottles packaged in a specially designed box reflecting the values of the products.





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